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## **Profile of Mr. Ketan V Shah:**

Mr. Ketan V Shah is a messiah of Acupressure, known across the globe for treating and curing people of many known diseases. Mr. Ketan grew up to be a financial expert working for a company in Bangalore. Life was normal for him, until he encountered a disease that went on to change everything for him.

Diagnosed with appendicitis, he underwent a routine surgery, which went wrong. Various treatments from then on gave him little result. He further developed Gangrene and was suggested a series of operations to keep the Gangrene under check, which was to become a normal routine for him. Amidst this trauma, he was suggested to meet Dr. Bhojraj, an acupressure specialist. Upon meeting him, he learnt the techniques of treating himself through Acupressure. Within a month of diligent practice, Mr. Ketan was relieved and cured of the disease. This personal episode opened the doors of Acupressure in his life.

“Disease is one of our worst enemies; it affects us physically, mentally, emotionally and financially”, quotes Mr. Ketan, which was true during his course of treatment. Not only do people suffer their pain physically and emotionally, but also suffer the financial burden due to the treatments they undertake. This thought enlightened him and he learnt acupressure, along with Reiki and other alternative therapies from across the country to treat people around him, for no cost.

The divine practice of helping all those in pain started way back in 1990 and has been continued even to this day. His commitment to help people was not only for the treatment of their diseases. He wanted to teach them the science of healing too, so that they could further help others. Thus he started conducting workshops among his patients, sharing the knowledge he had gained of self healing. This was accompanied by various acupressure camps conducted in cities to bring about awareness among other people.



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Mr. Ketan was now growing. His network of patients was expanding across all cities and countries. He was firm on devoting his time more for the cause of healing. He quit his company and went on to start **Healing Pressure**, an “energy movement” focusing on healing through workshops and a variety of residential and non residential wellness camps. So far, he has conducted workshops across cities like Bangalore, Delhi, Mumbai, Kolkata, Chennai, Akola, Haridwar and has visited more than 27 countries like Australia, UK, USA, UAE, Africa, treating more than 95000 patients.

His workshops are more customized to meet the needs of people. He has further tied up with various corporate organizations to treat the employees for any health problems and relieve stress, helping them increase their productivity.

Mr. Ketan V Shah has authored a book **“Acupressure for Total Wellness”** which was released in August 2011. This book is a step closer to his mission, teaching its readers to learn acupressure and practice it for various health problems faced in their daily life. The book gives treatment methods for common problems and more complex problems, along with different exercises and food therapy. The first edition of the book was sold out in a record time and the second edition has been well received too.

Vowing to devote his life to the practice and promotion of this therapy, Mr. Ketan’s long term vision is to start “healing centers” across the globe that will practice Acupressure and other alternative therapies to heal people, empower them and free them of all dependencies, guiding them to wellness and improving the quality of their lives.

In this journey of healing and pure service to humanity, he has been strongly supported by his wife Yogini Shah, who has travelled with him extensively helping him in his camps and workshops and has equally been there at every step helping him in this divine quest of healing. Mr. Ketan is also a very well consultant in the field of Vastu and Financial consultancy.